

# Associated Students, Incorporated California State Polytechnic University, Pomona

# STUDENT ASSISTANT EMPLOYMENT OPPORTUNITY

Title: Fitness Program Assistant

**Department:** Campus Recreation

**Hourly Rate:** \$11.00 **Posting Date:** July 27, 2017

**Hours:** 15-20 hours per week; shifts based on operational need of the organization

#### **General Duties:**

Under the general supervision of the Fitness Coordinator, the Fitness Program Assistant is responsible for promoting and delivering fitness programs for Campus Recreation and completes special projects related to fitness programs and services. The Fitness Program Assistant performs routine and non-routine assignments requiring specialized knowledge, prior relevant experience and moderate independent judgment and decision-making. Assist Instructors to facilitate group fitness classes, instructional clinics and workshops. Assist Fitness Coordinator to facilitate special events and conduct assessment of fitness programming. Lead equipment, facility and program-specific orientations. Monitor scheduled open recreation for specialized fitness training. Assist Personal Trainers with consultations and assessments for new clients. Provide excellent customer service and enforce program and facility policies. Inform members of fitness related programs and services. Assist with small group fitness equipment inventory and basic maintenance. Respond to emergencies and injuries and provide care accordingly until the arrival of emergency medical services. Attend meetings, trainings and workshops as required. Perform other duties as assigned.

#### Qualifications:

Current American Red Cross CPR/AED for the Professional Rescuer and Emergency Oxygen certifications are required. (Employment offer contingent on obtaining certification within 30 days of hire)

Working toward a national certification in Group Fitness and/or Personal Training i.e. AFAA, ACE, NASM, NSCA or comparable (Employment offer contingent on obtaining certification within 2 academic terms from the academic term hired in)

General understanding of basic anatomy and physiology with an emphasis on exercise

Demonstrated leadership skills when working with peers

Reliable, able to work with minimal supervision, and have ability to make independent decisions

Ability to exhibit a personable, helpful, and positive attitude when interacting with BRIC members and guests

Ability to work under general supervision and occasionally make independent decisions

Ability to react calmly and effectively in emergency situations

Ability to follow routine verbal and written instructions

Ability to effectively communicate clearly and concisely, both verbally and in writing

Ability to maintain an appropriate professional appearance and work conduct

Ability to adhere to work rules, follow directions, use time effectively and work productively without close supervision

Demonstrated ability to work with a diverse student population and campus community

Ability to operate a computer workstation using word processing, spreadsheet and other computer applications

Ability to successfully pass a background screening as an offer of employment is contingent on background clearance

# **Work Environment:**

While performing the duties of this job, the employee is frequently required to sit, talk and hear; manual dexterity, eyehand coordination, and verbal communication; use of office equipment: telephones, calculator, copier and fax. Must be able to walk, stand, bend and lift up to 45 pounds.

#### **Position Sensitivity:**

Based on the duties and responsibilities of this position, this position has been designated to be a sensitive position.

#### **Background Check:**

A background check (including a criminal records check) must be completed satisfactorily before any candidate can be offered a position with Associated Students, Inc., Cal Poly Pomona. Failure to satisfactorily complete the background check may affect the application status of applicants or continued employment of current ASI employees who apply for this position.

# **Employment Eligibility:**

Employment with ASI is open to any Cal Poly Pomona student who is eligible to work and has the legal right to work in the United States. In addition, the employee must be currently enrolled for at least 6.0 units (undergraduate) and 4.0 units (graduate) at the end of the add-drop period, have a minimum 2.0 GPA and be in good standing with the University. Individuals enrolled only in Extended University are not eligible for hire. Exceptions to the unit load requirement are allowed during the summer quarter and for students who have applied for graduation for the current quarter. Applications for employment are available at the ASI Human Resources Office located on the second floor of the Bronco Student Center, Room 2325 or online at http://asi.cpp.edu/about-us/employment-opportunities/.

# **Mandated Reporting Requirement:**

In compliance with the California Child Abuse and Neglect Reporting Act (CANRA) and the CSU Executive Order 1083, each ASI employee is designated as a mandated reporter and is required to sign an Acknowledgment of Mandated Reporter Status and Legal Duty to Report Child Abuse and Neglect.

### **About Associated Students Incorporated:**

Established in 1963, Associated Students Incorporated (ASI), is a recognized auxiliary organization of Cal Poly Pomona that is led, funded and mainly staffed by students. Guided by the core commitments to the promotion of student development and provision of quality facilities, programs and services, ASI provides for student representation at the campus and system-wide level and offers leadership development through student government, student-led programming, student employment and student involvement in a wide array of Bronco Student Center programs and services. ASI fully supports the enrichment of student life by providing annual funding support for student clubs and organizations, diversity programs, athletic scholarships and academic support programs.

ASI is an Equal Opportunity Employer